



# Healthy Relationships Series

In collaboration with Planned Parenthood of Southern New England and DDS Self Advocate Coordinators; the Healthy Relationship Series will be held in the North Region. The Relationship series is a 6 session course dedicated to the topic areas of making, developing, and maintaining healthy relationships. Consumers must participate in all 6 sessions. The first session of the series will include an overview of the material to be covered. Support staff should plan on attending and participating in the first session. This will assist everyone in knowing what to expect in the series.

***The North Region Series will be held in the DDS East Hartford Office (3T), 155 Founders Plaza, East Hartford, CT AND the DDS Willimantic Office at 90 South Park St. Willimantic, CT from 4:00pm to 7:00pm on the following dates:***

**1) East Hartford Office**

September 16th, 17th, 23rd, 24th, 30th & October 1st, 2013

**2) East Hartford Office**

April 14th, 15th, 21st, 22nd, 28th, 29th, 2014

**3) Willimantic Office**

May 6th, 13th, 20th, 27th, June 3rd, and 10th, 2014

**Sign Up  
Early!**

\*Please complete the attached application. Referrals are REQUIRED to participate in the series. Send to Amy Blazawski at:

[amy.blazawski@ct.gov](mailto:amy.blazawski@ct.gov) or rightfax to: [860-622-2703](tel:860-622-2703).

(25 participants maximum) – Spanish/English Translation services available.

## Potluck!

\*Each session will feature a potluck dinner. Participants will be asked to bring a healthy dish to share.

